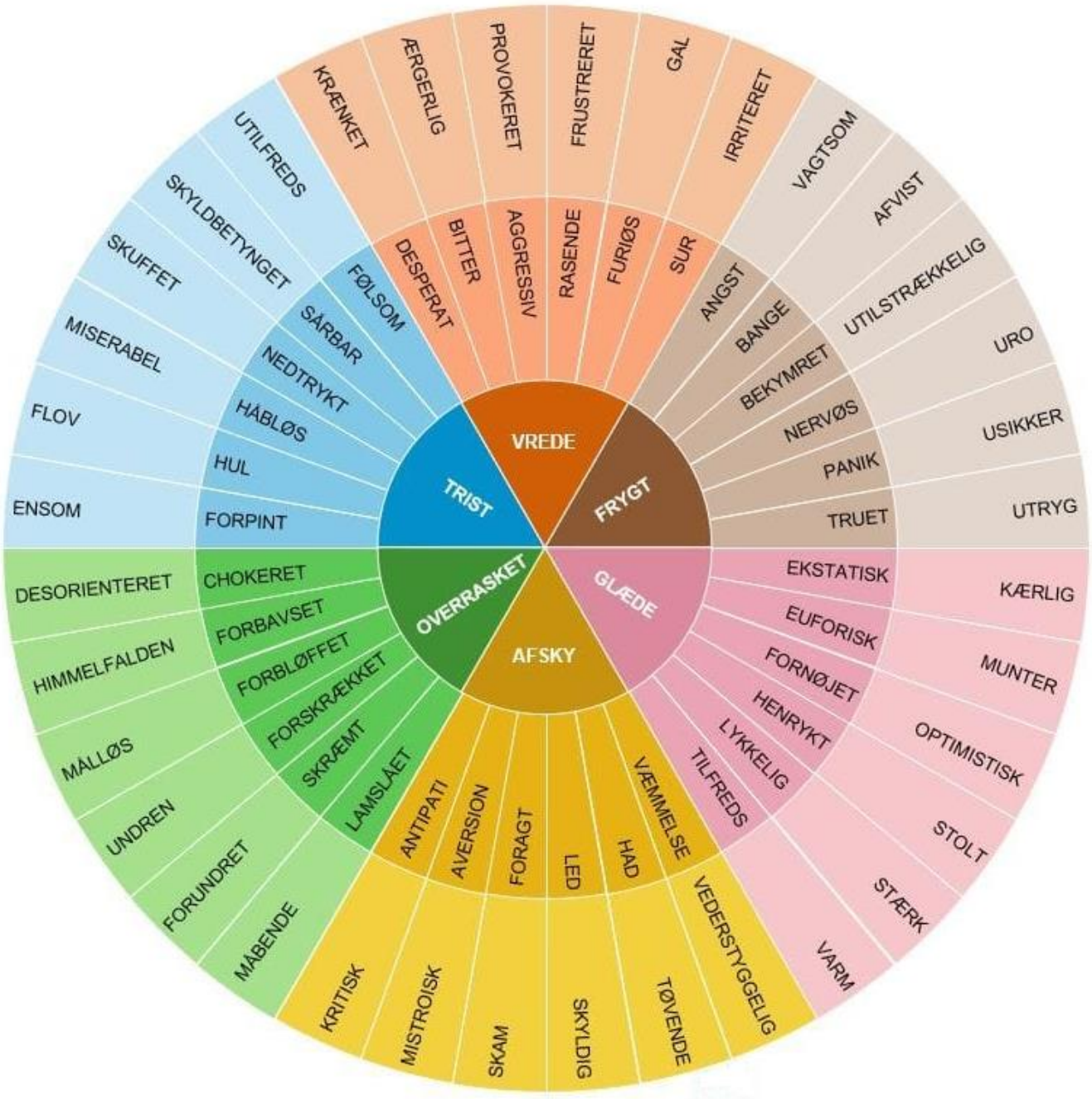Følelseshjulet